Acrylic Paint Pouring with CBTV Live

Chapter 1 - Acrylic Paint Pouring

Acrylic Paint Pouring

(funky upbeat music) - Hey everybody, welcome to Creativebug Live. I'm here with Lisa Solomon. - Hello. - One of our Creativebug artists, and... I don't know, you do everything, what don't you do? You're a college-level instructor, workshops instructor, - Yes. - designer, book author. - Yeah, yeah. - Curator, collaborator, mom of an amazing child. - Awe. - Is there anything I'm forgetting? - No. - Dog owner? - Dog owner, yeah. - And we were both really curious about this trend called acrylic pouring. So Lisa dug deep and did some research. - [Lisa] There's a lot out there. - There's a lot. - There's too much out there. - And because she's an acrylic master, I'll have Ally post a link to her acrylics class already on our site. She is gonna actually show me how to do acrylic pouring today. - We hope. - We think. Fingers crossed. Remember because we're live you can write in, ask us questions, I'm sure you're going to have a lot of them, we'll try our best to answer them. I'll have Ally not ask right when we're doing our reveal because we'll just see how that looks. What did you learn mostly about, kind of testing these methods? 'cause you've kind of done it with different additives, different types of paints. - Yes, so there's a lot of information out there. There are people out there who like to use heat guns. There's this whole silicone craziness. There's like to use pouring mediums, use Floetrol. There's just so much information. - So what this looks like. - Yeah, people are really in to. - Let's do, Sam, this way. - This way! They're really into these cells. This seems to be like the golden ticket for pouring. People just keep talking about these cells. And I really like the cells, but there's lots of - You get some really interesting effects. - [Lisa] Other things that happen to. So like, this one sat on my floor and my floor is not even. So, it all moved to the side as it dried. But I really liked it. And this one looks like marbleizing. And this one, I just had leftover paint and poured it on. But, I really want to show you the difference between Floetrol and pouring medium. - [Courtney] We're going to do this technique with pouring medium. Floetrol, is also something Lisa tested and it's really popular. - [Lisa] I'll show you what it is, it's this stuff. The thing with Floetrol is the surface is really matte. So, if you look at this one, and I'll grab one of the other guys. Versus this one. - [Courtney] Here, let's put it like this. - [Lisa] This way, yeah. You can see the difference between the surfaces. This guy is really matte and this guys is really shiny. And that is basically the difference between Floetrol and pouring medium. - [Courtney] And for what you can't see in the camera, like this is a really nice kind of waxy surface. - [Lisa] It's shiny, but not too shiny. - [Courtney] It's really, really nice. - [Lisa] It's kind of like the perfect shiny. - [Courtney] That's why we're going to use that today. - [Lisa] Yes. But the Floetrol works really well too. And a lot of people like it because it's fairly inexpensive. - And it makes a lot of cells. - Yes. - So, Floetrol is an additive for latex paints. You can find it in the hardware store or online. And we're going to be using Liquitex Professional Pouring Medium which is something Lisa uses in here Acrylics class. - You can also use any pouring medium by any brand. It doesn't need to be Liquitex. It can be any pouring medium. - You do need a bit of a set up though. We have wooden panels that we are working on. - Yes. And you need something hard. You can't really do this on like a regular canvas. You can do it on canvas board, but you really want a hard surface. - They need to be propped up off the ground 'cause it's going to be really drippy. - You can see inside here, some of the testing from this. - So we have some disposable turkey trays and we are going to keep reusing them. - Yep. - And we've got some cups that we've propped our panel onto. - We've got gloves! - And aprons. We're using a variety of craft paint and

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acrylic paint. - Yes, and it's really any kind of paint should work. It doesn't matter what it is, just keep in mind that professional paints have more pigments. So you can probably use less. Craft paint, you might need to put more of it into the pouring medium. - It needs more binder. - It doesn't have as much pigment load so it will look kind of translucent, but anything you want to do. We're also going to try metallics. Because people seem to be really into what happens to those. - And this is my favorite kind of metallic color. It's DecoArt Champagne I use it all the time, if you want to try it. Do you have any questions, I thought I saw a hand? No, we're good. Okay. We also have a bunch of plastic cups already with our pouring medium in it. This is not an exact recipe, I happen to be using seven colors and Lisa is using five. - [Lisa] And then you need an empty cup 'cause you're going to pour all this stuff into a cup to do like a dumping technique onto the board. - And we'll also need stir sticks. So we're using craft sticks and this guy. - Yep! This is the silicone. So it's dimethicone, I think is the scientific name for it. It helps to make cells. So, if you want those cellular forms, it really helps a lot to have silicone in your paint. You can use, you can get silicone at the hardware store. Or things that have silicone in it. But usually those are colored. So, this one is perfect because it's clear. - Let's do this for Sam. - And you won't change the color of your paint while you are using this stuff. So, this is nourishing Coconut Milk. I think you can get this anywhere. - Like Target, CVS. - Amazon, everywhere. Everywhere. One thing to keep in mind is there's a little bit of science to this. You want to start with heavy colors. So, you want to start with colors that are opaque and kind of the darkest and heaviest and the metallics too. They're going to go kind of as your base layers. On your first coat, you don't want any of this stuff in it. - Okay. - So, this is were we kind of have to pay attention. How many drops, how do you stir it in, and where this goes in and where it doesn't go in. - And just so you know, like a lot of art project practices, there's always unexpected elements. - [Lisa] I have no idea what is going to happen. This could be great, it could be a disaster. - And you could use the same colors more than once and get totally different results. - Completely different. - Every time. - You could never get the same result twice. I don't think it's possible. - Which is why it's so fun. It's why people are addicted to it. Okay, how do we start? - Okay. - We've got our pouring medium in our cups, we've got our colors. - We've arranged our colors based on dark to light. So, I'm going to start with a Thalo Blue and you are starting with a Thalo Green, right? - [Courtney] Yep, yes ma'am. - [Lisa] Okay, I'm going to put it in that first cup. - [Courtney] So, A generous squeeze. - [Lisa] Generous squeeze and we're going to stir it. And we'll see (stirring) what happens. So you don't want to see too much of the pouring medium. It shouldn't be milky, it should be pretty tone. - [Courtney] So, a nice tinting of paint. - [Lisa] I'm going to add a little more paint to mine. - [Courtney] What do you think of mine? - [Lisa] That's pretty, you can do a little bit more paint. - [Courtney] Little bit more, okay. (stirring) - [Lisa] Okay, that's better. And you want it really well mixed. - [Courtney] Okay, well mixed. (stirring) And since this is our base color, we're not adding any silicone to this guy. - When you say base color does that mean majority color you are going to see on the canvas? - Kind of, well, they bland together, they mix together in a weird way, so you don't really know. But basically, the flat color. The bottom color. - [Courtney] Okay, your background color. - [Lisa] Sort of. - [Courtney] Do we leave the stick in there? - [Lisa] It do just 'cuase I don't want to make a mess. - [Courtney] Okay, sounds good. And then just start pouring a little bit into each of the other cups? - [Lisa] Yeah, so know I'm going to do the metallic. 'Cause we are deciding that's the second heaviest color. - [Courtney] Hopefully it has some actual metal in there. - [Lisa] Right, right. If you really want to go down the rabbit hole. There's a lot of stuff about specific gravity. - [Courtney] Yeah. - [Lisa] And paint, and paint colors. And that's basically how this is working. So, you can read all of that, or not. - [Courtney] You could just experiment. - [Lisa] You

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could just try it and see what happens. - [Courtney] How does that look? Do we need more? - [Lisa] I would say more, I'm doing more. - [Courtney] I think the metallics, especially since these are craft paints, you're going to need a lot more paint. - Yeah. (squirting) (stirring) - [Courtney] Oh, this is fun! It reminds me of paste paper. (stirring) - [Lisa] It's like cooking. - [Courtney] Some real messy cooking. - [Lisa] Doesn't smell as good though. - [Courtney] No, and don't eat it. - [Lisa] And the gloves. (stirring) - [Courtney] Okay. - [Lisa] Okay. - [Courtney] Just keep going down the line. - [Lisa] I'm going to do a tiny bit more. You have more paints than me, so keep going. - [Courtney] I'm going to keep going. (stirring) - [Lisa] We should have songs to sing. - [Courtney] If you guys have questions, now's a good time to ask. Let is know if maybe you've done this before, that would be fun to know. (stirring) This is something that Lisa's been researching for a bit and watching a lot of videos on myself. So, I was super excited when we both were like, "hey let's do something on acrylic pouring!" And Ally too, Ally's been really excited about it. - [Lisa] You are? - [Courtney] She's been really wanting us to do it. - [Ally] It's so weird. It's just so weird. - [Courtney] It is weird. - [Lisa] I think its great really. Because its totally unexpected. It doesn't, you don't need any crazy skill. - [Ally] Yeah. - [Lisa] Its not like, you know, I've seen people do it with like 12 colors. And then I've seen people do it with like four colors. (stirring) And it works. Ooh, look at that! That is really beautiful. - [Courtney] Do you think this should be earlier in my sequence? 'Cause it's darker? - [Lisa] Kind of dark, I don't know, it's up to you. Because the other thing is some people do like a mid base. So, they do a base and then do another base, so that could kind of add. - [Courtney] I could kind of do that. (squirting) - Okay, I'm on my last. - We're using a variety of craft paints and Liquitex basics acrylic. We also have some, it's a mini versions of those. - [Lisa] We have pro paint with Basics. You have some weird color shifting thing too don't you? - [Courtney] Oh, yes, I'm obsessed with these color shifts. If you are watching my mono print live, I was using the color shifts, that's my plaid. It's by Folk Art, I think. (stirring) - [Lisa] Okay, I'm ready. - [Courtney] I've got one more. - I'm going to start to put the silicone in. I am not putting it in the base coat. This is staying silicone free. This, if you want bigger cells, you put three or four drops of the silicone in and you stir it, but not a lot. 'Cause that sort of keep the paint and the silicone separated. I'm going to do three drops. One, two, three. There's this technique that they show where you spin it around and cut it. - [Courtney] Okay. - [Lisa] Okay. - [Courtney] So three squirts and then, not on my base color. Let me stir this one more time so it's mixed. And then, one, two, three. Perimeter stir and a cut. - [Lisa] Yep, then stop. You don't want it to go crazy. You want those to try to be big cells. - Oh, I stole this from you. - No guarantees. Okay, and then this one, I don't know, I'll stir it - [Courtney] This is starting to smell good because of the Coconut. - [Lisa] I'm going to stir it a little bit, but not a lot. I'm just going to go around and around. - [Courtney] Two? - [Lisa] Yeah, I don't know. - [Ally] Alright, we have our first question. Elise is asking can to use liquid acrylic paint such as Golden High Flow? - Yep, totally! The question is can you use Liquitex, sorry, Golden High Flow acrylic paints? You could, but I have to say those are really expensive. - Yes. - In comparison. So, test you technique with more affordable materials. And then go for the good stuff. The Golden is really beautiful, high pigmentation, awesome company. - I agree. - But pricey in comparison. - [Lisa] I would say start with the cheap stuff because the first couple of times you do this, it's a complete, I mean it's always going to be a crap shoot, but maybe you can develop a technique that makes sense. And then you can do a little bit of repetition. And that's when you would want to start using expensive paints. Okay, one, two, three. And then I'm going to stir this guy really good. Maybe this one will be small cells. - Small cells, really good stirring makes small cells? - That's what I've heard. - Okay, I'm going to stir mine a little more. - [Ally] Next question, comes from Stacy. Stacy is wants to know what are you painting on?

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What is that wooden square in the the pan? - [Courtney] Oh, Stacy is asking what are we working on? These are wooden panels, you can get at your local craft or art supply store, they are meant for painting. - These are what, eight by eights? - Yes. - Okay. So, here come the fun part. - [Courtney] Okay. - [Lisa] We need to ditch the sticks. Well, I'm mean I find them hard to pour. - [Courtney] Ditch the sticks. - [Lisa] Yeah. Trying not to mix up the rest of my paint while I - [Courtney] So, some of my paint is thicker and some is more liquidy. Does that matter? - [Lisa] I don't think so. - [Courtney] Okay, you haven't noticed a big difference? - [Lisa] I have not. - [Courtney] It's really smelling like baking in here because of the coconut. - [Lisa] â™ªCoconut! â™ª - [Courtney] You could also, if we had more hands and more tables, we could save these and rinse them off and reuse them. - Yep. I did put some, when I was doing this in the bottom of my pan and then I took them out to reuse them. Okay, now you need an empty cup. - [Courtney] Oh, you guys! I'm excited! - [Lisa] Okay. - [Courtney] Okay, base color first? - [Lisa] Base color first. - [Courtney] Wait, cheers! - [Lisa] Cheers. No, don't. Done. (laughing) Okay, you need to have enough in this cup to cover this surface. And I don't have a measurement for that, we are just eyeballing it. - So about half of what we've got? - Maybe? Yeah, I don't know. - Okay. - Try not to move it too much. Because remember we didn't put any silicone in. - [Courtney] Okay, I should be doing this on the table. - [Lisa] You don't have to, you can hold it. Okay, and then we are going to do the metallic. - [Courtney] How much? - [Lisa] Same, any amount. Yep, don't mix it. - [Courtney] Okay. - [Lisa] And then some people swear by pouring the lighter colors up high. - [Courtney] This is really blobby though. I'm afraid it's going to splash. - Yeah, that one, don't do that one. - Okay. - I think mines pretty liquidy, so I'm going to try it. - I'll try the other one high. - [Lisa] Aaaa! - [Courtney] And you keep layering, right? - [Lisa] Yep. - [Courtney] I and just keep going? - [Lisa] You just keep going. - [Ally] We've got a bunch of folks who are wondering what are you doing and what are you adding to the paint. Mainly is there a specific product? - Okay, hey everybody! Welcome if you are just joining us, this is Lisa Solomon here. She is our acrylics master if you've seen any of her classes. She is showing us how to do some acrylic pouring. - I can't talk, I'm pouring from really high! - That's perfect. And, this is an experimental process. We have acrylic paint mixed with pouring medium, you can use any kind of brand of pouring medium. We've added a little bit of this coconut milk hair serum. You can find at any grocery store, thrift store, sorry not thrift store, like CVS, Walgreens, etc. A few pumps went into every cup except for our first color, which is our heavy base color. Now we are adding each of these colors to our main cup. - [Lisa] We should have covered the table with paper. - [Courtney] How come you're is looking like that? - [Lisa] Because it's magical cells, keep going. - I was pouring really high. - [Courtney] Because all these paints are really pretty. - [Lisa] Pour high, pour high, pour high. I'm telling you. Whoah! - Pour in the cup, Courtney! (laughing) - We have no idea what is going to happen. - Some people take a stick and do the stir around the edge and cut through it. And some people do not. - Okay, what do you want to do. - I'm not. - [Courtney] Awe, you have some great cells. I don't have anything. - It's already cellular. - Should I? - Try it I don't know. - I'm going to do a cut so. One stir and a cut. - [Lisa] Yep. - [Courtney] I don't know. Ooh, that's pretty. - [Lisa] It's like ice cream. - [Courtney] Just as a note you guys, these will take several days to dry. - Yep. And level, you want to keep them level because otherwise you get the movie movie. - I fell like I don't have enough silicon in there. - You can add more, I don't know, try it. - We're just going to try it and we'll see what happens. - Okay, so you can do the take the cup and dump it method. Or you can do the take the thing and yep. Oops! But don't lose your. Yep, yep! - Oh my God, I'm nervous. - Okay, I'm just going to dump. - Okay. - Here, we'll do one at a time instead of the same time. Flip it over. - I'm going to throw it at someone. - Don't throw it at me! Duck! - Hold on. I'm like groovy. The problem is

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getting my hand, thank you. - [Lisa] Okay, so, you want to - [Courtney] Just lift it up? - [Lisa] No, you want to come and move it around. So that there's a coat of paint on here. - [Courtney] Okay. - [Lisa] So that paint has places to go. - [Courtney] Okay. I see some celly things happening - [Lisa] Yep, and then you want to lift up and lift toward a corner. - [Courtney] Toward a corner, like that corner? Or toward the center? - [Lisa] No, like that. - [Courtney] Okay, ready, go! (screaming) (laughing) - [Courtney] It's like unicorn spit. - Look there are cells! - Yay, cells! - [Lisa] Okay. - [Courtney] Wait, Sam can you see this? Look at inside my cup. - [Lisa] Okay, so now you can either let it do it's thing. Like you can see how far its going to spread. Or you can start to tilt it. And if you tilt it, you'll see the cells get bigger in every direction you tilt it. - [Courtney] I know know I'm enjoying this. - [Lisa] I know, but you're not going to get coverage all the way to the end unless you tilt. Some people also use a stick if they feel like their corners are kind of blank. Look, it's pretty big! Okay, I'm going to do mine too. - [Courtney] You do it. I'm going to tilt while you do. - [Lisa] Okay, one, two, three. (gasping) Aaah!! - [Courtney] I love the magenta with the teal. - [Lisa] Crazy town! Oh, I didn't go all the way across diagonally. That's okay. - [Courtney] Oh my gosh, you guys, this is so fun! Now I see why people are obsessed with this. - [Lisa] Right! It's crazy town. It's just crazy town. I didn't put enough in my cup. Could have used more paint in my cup, FYI. - [Courtney] Oh my god, this is fun! Look, I wound up with this weird vertical stripe of that peachy tone. - [Lisa] Oohhh! - [Courtney] I love your colors. And the metallic is really showing through. Mine's like a little. - [Lisa] The metallic was a success. YAY! I'm just using the extra stuff in my cup to try and get to all the corners. Because I like my cells and don't want them to go anywhere. Now, I'm cell obsessed. - [Courtney] Cell obsessed. - [Lisa] How does that happen? - [Courtney] We're going to try one more, right? - [Lisa] Yeah, do you want to switch? You can use my colors and I can use your colors? - [Courtney] So I am going to attempt a switch out. - [Ally] Next question comes from Cynthia. Cynthia is wondering, what is the difference between soft and heavy body acrylics. - [Lisa] So, heavy body. - [Courtney] The question, thank you. - Lisa] Oh, the question is what is the difference between soft and heavy body acrylic. Heavy body acrylic usually comes in a tube and it's thicker and goopier. And soft acrylic, body acrylic, usually come in a jar and it's more liquid. You can use either for this, it doesn't matter. - Oh, that is so pretty, Lisa. I'm loving it. - [Lisa] I'm trying not to mess it up. Or move any cells. I'm just using this stick. Oh, here's some. and I'm grabbing some of the extra paint. - [Courtney] I can take that tray and move it out for you when you are ready. Well this whole staging system, because we do want to keep it flat, just like Lisa said. If you tilt it or move it, you're going to stretch your cells out and change the way it looks, which is awesome. - Which is great. But maybe you don't want that. - Just know that's what's going to happen. - Okay. Oh, no this corner. - Put it back on there and I'll take that. - Hold on, I'm just covering this sad corner that has no paint. Okay, now it's not sad. - [Ally] Our next question come from Gene. And Gene is wondering what are fewest number of colors to use. - The question is what is the fewest number of colors you could use. - I always forget about that. I've seen people use four. I saw somebody do like a CMYK one with white, and cyan, and magenta, and yellow. They didn't use black. And that worked just fine. I think if you don't use too many colors, you don't get the cells. And you kind of end up with like a more boring. - Yeah, there's like a surprise to happen. - Do you want to just, here. - No, let's just stay and switch like three colors. Pick three colors of mine and I'll give them to you. - [Lisa] I don't know, just wand me three colors. - [Courtney] Oh, you already have a blue. These ones. - [Lisa] Oh, now I get the gloppy paint. - [Courtney] And I want that one. - I see what you are doing. You can have the turquoise. - Thanks! - I need like a bight. Can I have one of the pinky's. - [Courtney] Actually, yeah. This one? - [Lisa] Yeah that one is fine. - [Courtney] Can I have your yellow and I'll switch you back

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the turquoise? - [Lisa] The Ochre? - [Courntey] Yes, I want to try that. Okay, so we need more base paint? - [Lisa] I still have enough. - [Courtney] Okay. Maybe I'll switch my base paint to this color. - [Lisa] You can do that. - [Courtney] And then do we need to add anymore silicone? Or is it just the same? - [Lisa] It should be fine. We are just going to see what happens. We're going to put it in a new cup. - [Courtney] Okay, we're trying a second one. If you guys are just joining us, again acrylic paint pouring. We've got Liquitex, it doesn't matter what brand, pouring medium, in all of here. With a little bit of acrylic and craft paint mixed in. With a little bit of the silicone, except for in our base paint color. Oh, my base color for this does have it then. - Just try it. It could be fine. - Alright, let's do it! - [Lisa] Alright, base color first. - [Ally] Next question comes from Sandi. Sandi is wondering what is pouring medium. - [Courtney] Oh, hi, Sandi! Sandi is asking what is pouring medium. Lisa covers that in her class, her acrylics class. But do you want to. - So pouring medium was meant to do this, basically. It was designed to this kind of stuff. This is only one pouring medium technique. You can use it like a Resin. You can use it in little squeegee bottles. That's one of my favorite ways to use it. You can put it into spaces. It is made to level. So, it flattens out. And it also has this amazing like sheen to it. That no other acrylic really has. It's a little bit different, it's in between glossy and satin. In a really nice way. - [Courtney] It's pretty waxy, it's really lovely. - [Lisa] You can use it clear too. So, you can use it to seal collages. I'm going to try one high. Sorry, I can't talk I'm going to pour. Oh, this is one of those goopy ones. (eee) - [Ally] Next question comes from Missy. Missy is wondering does this works best on the wood blocks that you have, or can you use it on canvas? - [Courtney] Missy is asking can you use it on canvas, or is wood best? And Lisa was saying earlier what is best becuase you need something really rigid. To pour onto. - You can use canvas boards, if you like the look of canvas. But I would not do it on a regular flat canvas, because it's too wobbly. - Yeah, it sinks in between the stretcher bars. - Yeah, so you would have to like, you could but it'd be crazy. You'd have to have it on something where every part of it, there was something underneath it to prop it up. So that it wouldn't move while it was drying. - [Courtney] Yeah. - [Lisa] So, not. Oh, this is also goopity gloppity. - [Courtney] I like your colors though. - [Lisa] Are you going to stir or not stir? - [Courtney] Yeah, also stir, right? So now I'll do a little stir and then a cut. - [Lisa] You know what? I didn't stir and I'm not going to stir again. I like when my martini is shaken not stirred. - [Courtney] Alright, cheers! - Alright, here we go! - Alright, just a quick dump and move all over? - Move it all over and then do the corner and try to lift up. - I didn't do that so well. I went to the corner and then lifted toward the other corner. - I'm going to dump. - Okay, I'm going to do it the other way then, haha! - Okay, ready, here we go. (screams) I poured it off the edge, which I don't - [Lisa] That's okay. - [Courtney] I poured a lot off the edge. - [Lisa] â™ª It's like magic! â™ª - [Courtney] It is like magic. - [Lisa] Ooh, this one is completely different. - [Courtney] (gasps) mine too! But I feel like I've poured a ton into my tray and I'm not going to have enough to cover. - [Lisa] You can scoop it up from the tray. - [Courtney] The tray is amazing! Dang it! - [lisa] Oh there's the green, I was going to say, I don't see any of the green. - [Courtney] Are you surprised, Ally? (laughing) (Ooh!) - It's not ugly! - Oh, gosh that's funny! (laughing) - [Courtney] You should see my tray, girl. - [Lisa] It's 'cause she has an amazing teacher. - [Courtney] That's right. - [Lisa] I'm taking credit. Oh, look, look the green. - [Courtney] That's really cool. That neon acidy green actually makes some interesting highlighty colors. - [Lisa] It's not in the whole thing. Because I didn't stir it. - [Courtney] The edge of this is cool. Yeah, I like that. Oh, my god I love my tray. (laughing) - [Lisa] The tray! I'm going to go to your house and you're going to have the tray on the wall. - [Courtney] I love the tray, I saved it. It took five days to dry. - [Lisa] Yeah, at least. - [Ally] Jamie just commented, I tried it on tiles for coasters and it came out really cool. - Fun! - Jamie had a great

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idea, she said she did this on tiles for coasters and it came out really good. - Jamie, where those ceramic tiles? - Yeah, let us know what kind you used. - Or cardboard tiles? - [Courtney] Or cork, you could do it on cork. - [Lisa] Right. Oh, I'm really bad about the corners. These poor corners, I feel bad. - [Courtney] This was fun! This is very rainbow magical. Satisfying my eight year old desire. - [Lisa] I'm so excited about that little spot. - [Courtney] Yes, that section is really, really pretty. It's like planet Earth. Plus glitter. - [Lisa] Plus glitter. Unicorny. - [Courtney] It's all very unicorny. Well I feel like that was successful. - We should have worn unicorn horns. - Maybe in our next live shoot. So that was testing two ways of acrylic pouring with Lisa Solomon. It worked, these take like what, three days to dry? - [Lisa] Yes, don't move them for at least two days. - Yeah, because, you'll change and shift. This will continue, these cells kind of pop. It's like the air is coming to the surface and things will continue to move and shift. - [Lisa] Holy smokes, lady! - [Courtney] It's really pretty. - [Lisa] It's amazing, I really like it. Wow! - [Courtney] I used all the metallic in that one. - [Lisa] I've got cell envy. - [Courtney] I really like that. I will trade. - [Lisa] Okay. - [Courtney] Thanks so much for doing the live shoot with us. - Yeah, of course! - That was so fun! - I feel like I can't move or do anything. - We do anything, we're just going to pause. But join us on Thursday because, Mou Saha is actually in the studio this week, filming new classes with us. And we will be live with her on Thursday. - [Lisa] Yay, bye! (uplifting music)

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