# **How to Tie a Quilter's Knot** with Heidi Parkes

**Chapter 1 - How to Tie a Quilter's Knot**

How to Tie a Quilter's Knot

I'm gonna thread my needle by putting my thread between my index and my thumb. I might roll the thread together to compact it a little, and then where I can see just enough that it looks like a speck of dust, I'll look through the eye of the needle, line it up and thread my needle. Sometimes I need my thumbnail to help me get it all the way through. I'll send my threads so that they're staggered, and the longer thread is the place where I want my knot to be. I'll create a bit of a thread sandwich here with my finger and my needle, and not from the short tail, but from the very long tail, I'll wrap three times to the tip of the needle. I'll pinch and then I'll send my needle the direction that needles love to go as I send all of the thread through that coil in my fingers. It works a lot like a French knot, but this is called a quilter's knot.

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